



Keepin it REAL

POST-TEST

Do Not write on this test. Mark your answers on the answer sheet. Please read each question Carefully, and then mark whether the answer is true or false.

1. An option that is well thought out is a simple preference.
2. One strategy you could use if you find yourself in an uncomfortable situation is to use the REAL strategy of Exit.
3. 93% of 8th grade students are not current smokers.
4. When you act in a way that confidently communicates your opinion, while still respecting others, you are being aggressive.
5. Behaviors that I think are okay for people my age are known as peer norms.
6. 75% of 8th grade students do not use marijuana.
7. Nonverbal cues are one of the techniques for the Refuse strategy.
8. You can avoid within the situation according to the REAL strategy.
9. Defining the situation is a part of the DARE Decision Making Model.
10. Eco-Maps are a way of identifying people who may not care about you.
11. Support networks provide good advice and guidance to you.

12. Learning is one of the REAL strategies.

13. It is ok to be passive when dealing with drugs and alcohol according to Keepin it REAL.

14. An I Statement helps us express how we think and feel according to Keepin it REAL.

15. Verbal cues should never be used according to Keepin it REAL.